



Jessica Rodman

Jessica was born in Wheatland, grew up in Douglas, attended college in Laramie, and just recently joined the Cheyenne community. She started dancing around the age of 3 and continued dancing through high school and college joining the University of Wyoming's Spirit Squad. Jessica earned her BA in psychology in 2009 and decided to pursue her passion in dance later earning her BFA in Dance with a concentration in Dance Science in 2015. She's taught Zumba, Strong by Zumba and Nia fitness classes as well as classic technique in ballet, modern, tap and jazz to adults with intellectual disabilities for the last 3 years. Jessica started her dance studies with Jan Shatto and continued with Lawrence Jackson, Jen Deckert, Marsha Knight, Margaret Wilson, Aaron Wood and Rachael Shaw. She's attended many dance and performing arts medicine conferences while in college and has taken master classes with the Cleo Parker Robinson Ensemble, dancers from RTD, River North Dance Chicago, Andre Megerdichian, Keith Saunders, and Bill T. Jones. Some of her favorite things to do are to attend the Colorado Ballet performances, amateur and professional theatre/musicals, and other cultural opportunities. Jessica also helped formalize a small philanthropic performance group in Laramie. Jessica has a strong curiosity for the mind and body and believes dance is the best connection to both. She hopes to instill the same curiosity in her students while developing expressive artists.