EN AVANT DANCE 2022-2023 SCHEDULE

Explore Your Passion For Dance

Monday STUDIO 1	Monday STUDIO 2	Monday STUDIO 3	Tuesday STUDIO 1	Tuesday STUDIO 2	Tuesday STUDIO 3	Wednesday STUDIO 1	Wednesday STUDIO 2	Wednesday STUDIO 3	Thursday STUDIO 1	Thursday STUDIO 2	Thursday STUDIO 3
		Barre 9-9:45 *Tenacity*			**Zumba Gold** 10 – 11 Edith	**Pre-Dance 3-K** 10 – 10:45 Miss Tenacity		**Barre** 9-9:45 *Tenacity*			**Zumba Gold** 10 – 11 Edith
	Lyra/Hoop 1 4 – 5 *Tenacity*	**Jazz 1** 4 – 4:50 *Elizabeth*	**Tap 1** 4:25 – 5:15 *Stanzie*	**Lyra/Hoop 3** 3:30-4:30 Tenacity	**Ballet 2** 4:35-5:25 Tenacity	**Cheer** 4 – 5 *Samantha*	**Jazz 3** 4:30 – 5:30 Raegan	**Tot Hop** 4 – 4:45 *Tenacity*	**Tap 3** 4:30 – 5:30 Raegan	**Lyra/Hoop 2** 4 – 5 *Tenacity*	**Ballet 5** 4 – 5 *Sydney*
Hip Hop 1 5:05 – 5:50 *Tenacity*	**Ballet 7** 5:05 – 6:25 *Tiffany*	**Ballet 4** 5:05 – 6:05 *Elizabeth*	Tap 2 5:30 – 6:20 *Stanzie*	**Hip Hop 1** 4:35 – 5:25 *Elizabeth*	**Pre-Dance 3-K** 5:30 – 6:15 *Tenacity*	**Ballet 3** 5:30 – 6:20 Kelley	**Ballet 6** 5:35 – 6:55 *Heather*	**Ballet 1** 4:50 – 5:40 *Tenacity*	**Hip Hop 2** 5:35 – 6:25 *Samantha*	**Ballet Conditioning** 5:05 – 5:55 Tenacity	**Lyrical/ Contemporary 1** 5:05 – 6:05 *Sydney*
Adult Tap 6 – 7 *Raegan*	**Lyrical/ Contemporary 2** 7:05 – 8:15 *Kristin*	**Irish Step** 6:10 – 7:10 *Toni & Tenacity*	**Pointe 1** 6:25 – 7:25 *Tenacity*	**Pointe 2** 5:30 – 6:30 *Heather*	**Adult Ballet** 6:20 – 7:30 *Elizabeth*	**Jazz 2** 6:25 – 7:25 Raegan	**Lyrical/ Contemporary 3** 7 – 8:10 *Heather*	**Pre-Dance 3-K** 5:45 – 6:30 *Tenacity*	*Private Ballroom Lessons Dance Spirit 6:30 – 8:30*	**Adult Lyra/Hoop** 6 – 7 *Tenacity*	**Modern 2** 6:10 – 7:10 *Sydney*
			Ballet Technique 7:30-8:30 *Kristin*	*Group Ballroom Dance Spirit 6:30 – 8:30*				**Modern 1** 6:40 – 7:40 *Kristin*		**Hip Hop 3** 7:15 – 8:15 *Samantha*	**Burlesque** 7:15 – 8:15 Sydney

Friday STUDIO 1	Friday STUDIO 2	Friday STUDIO 3	Saturday STUDIO 2	Sunday STUDIO 2
Pre-Dance 3-K 5:15 -6 *Elizabeth*			**Adult Hoop Lab** ***Invitation Only*** 9-10:30	**Yoga** 9 – 10 Tenacity
Improv 6:30 – 7:30 *Kristin*			**Make-Up Classes Extra Rehearsals** 10:30-3:00	

All levels are based on progress of student. These ages are approx only. En Avant Dance can move students through levels/classes as they see fit.

Age Requirements

Pre-Dance: Age 3-5
Ballet 1: Age 6-8
Ballet 2: Age 7-9
Ballet 3: Age 8-9
Ballet 4: Age 10-11
Ballet 5 : Age 11-12
Ballet 6: Age 12 & up
Ballet 7: Age 15 – Adult
Adult Ballet: Ag : Age 18 & Up
Ballet Technique: Age 11 – Adult
Ballet Conditioning: Age 11--Adult

All Pointe TWO CONCURRENT Ballet classes required
Pointe 1 : Age 11 & Up, Instructor Approval
Pointe 2 : Age 14 – Adult, Instructor Approval

Jazz 1: Age 6-10
Jazz 2: Age 11-14
Jazz 3: Age 15 – Adult

Irish Step: Age 8 – Adult

Cheer: Age 7 & up

All Lyrical/Contemporary concurrent Ballet or Jazz Required
Lyrical/Contemporary 1: Age 9-13
Lyrical/Contemporary 2: Age 12-15
Lyrical/Contemporary 3: Age 15 – Adult

Tot Hop: Age 3-5
Hip Hop 1: Age 6-11
Hip Hop 2: Age 11-15
Hip Hop 3: Age 15-Adult

Lyra/Hoop 1: Age 10- & Up
Lyra/Hoop 2: Instructor Approval
Lyra/Hoop 3: Instructor Approval
Adult Lyra/Hoop: 18 & Up

Tap 1: Age 6-8
Tap 2: Age 9-12
Tap 3: Age 12 & Up
Adult Tap: Age 18 & Up

Modern 1: Age 8 – 12
Modern 2 : Age 13-Adult

Burlesque: 18 & Up
Improv: Age 12—Adult