

EN AVANT DANCE 2022-2023 SCHEDULE

Explore Your Passion For Dance

Monday STUDIO 1	Monday STUDIO 2	Monday STUDIO 3	Tuesday STUDIO 1	Tuesday STUDIO 2	Tuesday STUDIO 3	Wednesday STUDIO 1	Wednesday STUDIO 2	Wednesday STUDIO 3	Thursday STUDIO 1	Thursday STUDIO 2	Thursday STUDIO 3
		Barre 9-9:45 <i>Tenacity</i>			Zumba Gold 10 – 11 Edith	Pre-Dance 3-K 10 – 10:45 Miss Tenacity		Barre 9-9:45 <i>Tenacity</i>			Zumba Gold 10 – 11 Edith
Combined Level Ballet 4-4:50 <i>Alaina</i>	Lyra/Hoop 1 & 2 4 – 5 <i>Tenacity</i> <i>Elizabeth</i>		Tap 1 4:25 – 5:15 <i>Stanzie</i>	Lyra/Hoop 3 3:30-4:30 <i>Tenacity</i>	Ballet 2 4:35-5:25 <i>Tenacity</i>	Cheer 4 – 5 <i>Samantha</i>	Jazz 3 4:30 – 5:30 Raegan	Tot Hop 4 – 4:45 <i>Tenacity</i>	Tap 3 4:30 – 5:30 Raegan	Ballet 5 4 – 5 <i>Sydney</i>	Pre-Dance 3-K 4:15-5 <i>Alaina</i>
Hip Hop 1 5:05 – 5:50 <i>Tenacity</i>	Ballet 7 5:05 – 6:25 <i>Tiffany</i>	Ballet 4 5:05 – 6:05 <i>Elizabeth</i>	Tap 2 5:30 – 6:20 <i>Stanzie</i>	Hip Hop 1 4:35 – 5:25 <i>Elizabeth</i>	Pre-Dance 3-K 5:30 – 6:15 <i>Tenacity</i>	Ballet 3 5:30 – 6:20 <i>Kelley</i>	Ballet 6 5:35 – 6:55 <i>Heather</i>	Ballet 1 4:50 – 5:40 <i>Tenacity</i>	Hip Hop 2 5:35 – 6:25 <i>Samantha</i>	Lyrical/Contemporary 1 5:05 – 6:05 <i>Sydney</i>	Ballet Conditioning 5:05 – 5:55 <i>Tenacity & Elizabeth</i>
Adult Tap 6 – 7 <i>Raegan</i>	Lyrical/Contemporary 2 6:30 – 7:40 <i>Kristin</i>	Irish Step 6:10 – 7:10 <i>Toni & Tenacity</i>	Pointe 1 6:25 – 7:25 <i>Tenacity</i>	Pointe 2 5:30 – 6:30 <i>Heather</i>	Adult Ballet 6:20 – 7:30 <i>Elizabeth</i>	Jazz 1 & 2 6:25 – 7:25 Raegan	Lyrical/Contemporary 3 7 – 8:10 <i>Heather</i>	Pre-Dance 3-K 5:45 – 6:30 <i>Tenacity</i>		Adult Lyra/Hoop 6 – 7 <i>Tenacity & Elizabeth</i>	Modern 2 6:10 – 7:10 <i>Sydney</i>
				Improv 6:35 – 7:35 <i>Kristin</i>				Modern 1 6:40 – 7:40 <i>Kristin</i>		Burlesque 7:15 – 8:15 <i>Sydney</i>	Hip Hop 3 7:15 – 8:15 <i>Samantha</i>
				Ballet Technique 7:40-8:40 <i>Kristin</i>							

Friday STUDIO 1	Friday STUDIO 2	Friday STUDIO 3	Saturday STUDIO 2	Sunday STUDIO 2	
Pre-Dance 3-K 5:15 - 6 <i>Elizabeth</i>	Belly Dance For Beginner's 5:30 – 6:30 Edith	Adult Hoop Lab <i>Invitation Only</i> 9-10:30	Make-Up Classes Extra Rehearsals 10:30-3:00	Yoga 9 – 10 <i>Tenacity</i>	
					All levels are based on progress of student. These ages are approx only. En Avant Dance can move students through levels/classes as they see fit.
					Age Requirements
					Pre-Dance: Age 3-5
					Ballet 1: Age 6-8
					Ballet 2: Age 7-9
					Ballet 3: Age 8-9
					Combined Level Ballet: Age 6-9
					Ballet 4: Age 10-11
					Ballet 5: Age 11-12
					Ballet 6: Age 12 & up
					Ballet 7: Age 11: Age 18 & Up
					Adult Ballet: Age 18 & Up
					Ballet Technique: Age 11 – Adult
					Ballet Conditioning: Age 11--Adult
					<i>All Pointe TWO CONCURRENT Ballet classes required</i>
					Pointe 1: Age 11 & Up, Instructor Approval
					Pointe 2: Age 14 – Adult, Instructor Approval
					Jazz 1: Age 6-10
					Jazz 2: Age 11-14
					Jazz 3: Age 15 – Adult
					Irish Step: Age 8 – Adult
					Cheer: Age 7 & up
					Lyra/Hoop 1: Age 10- & Up
					Lyra/Hoop 2: Instructor Approval
					Lyra/Hoop 3: Instructor Approval
					Adult Lyra/Hoop: 18 & Up
					<i>All Lyrical/Contemporary concurrent Ballet or Jazz Required</i>
					Lyrical/Contemporary 1: Age 9-13
					Lyrical/Contemporary 2: Age 12-15
					Lyrical/Contemporary 3: Age 15 – Adult
					Tap 1: Age 6-8
					Tap 2: Age 9-12
					Tap 3: Age 12 & Up
					Adult Tap: Age 18 & Up
					Modern 1: Age 8 – 12
					Modern 2: Age 13-Adult
					Burlesque: 18 & Up
					Belly Dance for beginner's: Age 16-Adult
					Improv: Age 12--Adult

